



Australian  
Multicultural  
Community  
Services

*Staying at Home*

Funded by the Australian Government

# Multicultural Dementia Care & Support Centres

A FREE support program for both carers  
& their loved one who has dementia

Australian Multicultural Community Services

We care, we support, we empower



# Multicultural Dementia Care & Support Centres

Our Multicultural Dementia Care & Support Centres make a positive impact for the caregiver and the individual.

## Benefits for Carers:

- Enhance personal wellbeing and reduce stress
- Small group sessions to share experiences and ideas
- Skill development sessions to strengthen at-home care abilities & boost confidence
- Information sessions to improve knowledge of dementia care
- Referrals to relevant services
- Make connections with other carers in a relaxed environment
- Enjoy a delicious morning tea & lunch!

## Benefits for Individuals with Dementia:

- Fun activities in a friendly & welcoming environment
- Improve quality of life
- Assistance with ways to stay at home longer

**Carers and their loved one who have dementia, are welcome to join our centres at no cost.**

Centre locations options in:

- > Metro Melbourne
- > Greater Geelong


**FREE** - Transportation support available upon request  
- Morning tea & lunch

Learn more



**For more information & to join our program, contact us:**

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